
Sampling of Emotional and Spiritual Care Resources

PDA can offer a full day training in responding to Human Caused and Natural Disasters; Contact Kathryn.riley@pcusa.org . We also have a series of videos posted on our website: <https://pcusa.org/resource/trauma-pastoral-care-series-training-videos>

Eastern Mennonite University offers an extensive course in Strategies for Trauma Awareness & resilience <https://emu.edu/cjp/star/>

The TEND Academy offers trauma-informed workshops and resources: <https://tendacademy.ca/>

The National Child Traumatic Stress Network has excellent resources for assisting children and families. <https://www.nctsn.org/>

National Alliance on Mental Illness <https://www.nami.org/>

Substance Abuse and Mental Health Services Administration general resources: <https://www.samhsa.gov/> and Disaster Distress Helpline and other resources: <https://www.samhsa.gov/find-help/helplines/disaster-distress-helpline>

Light Our Way—a Guide for Spiritual Care in Times of Disaster for Disaster Response Volunteers, First Responders and Disaster Planners, 2018 (2nd Ed). A full copy is freely downloadable from <https://www.nvoad.org/mdocs-posts/light-our-way/>

Recovering from UnNatural Disasters: A Guide for Pastors and Congregations after Violence and Trauma. 2017. Laurie Kraus, David Hoylan and Bruce Wismer. Westminster John Knox Press.

Fractured Ground: Preaching in the Wake of Mass Trauma. 2023. Kimberly R. Wagner. Westminster John Knox Press.

The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma. 2014. Bessel Van Der Kolk. Penguin Books.

Trauma + Grace: Theology in a Ruptured World (2nd edition). 2019. Serene Jones. Westminster John Knox Press.

Forward-facing Professional Resilience: Prevention and Resolution of Burnout, Toxic Stress and Compassion Fatigue. 2020. J. Eric Gentry and Jeffrey J. Dietz. Outskirts Press.

Disaster Spiritual Care: Practical Clergy Responses to Community, Regional and National Tragedy (2nd Ed.). 2017. Willard W.C. Ashley, Sr. and Stephen B. Roberts (Eds). Skylight Paths.

