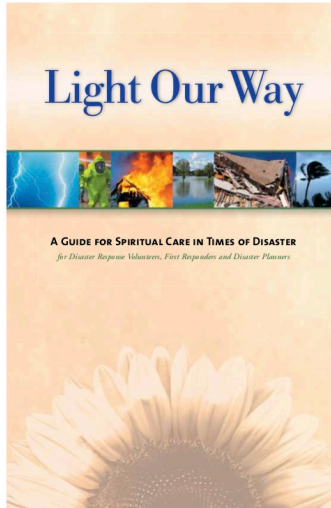


Disaster and Crisis Response Resources

Compiled by Rev. Mary Gaudreau Hughes, LPC
revmary527@gmail.com



National Voluntary Organizations Active in Disaster's

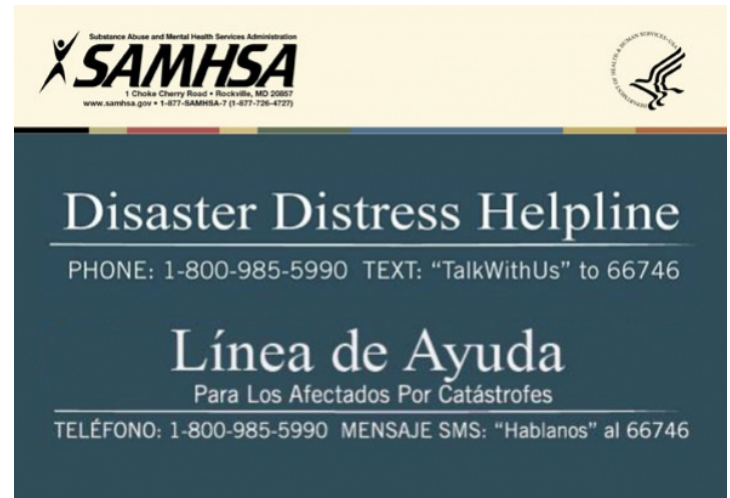
Light Our Way: A guide for Spiritual Care in Times of Disaster (2018 edition)

https://www.nvoad.org/wp-content/uploads/light_our_way_2018_final-published-copy.pdf

Disaster Distress Helpline

SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

The Disaster Distress Helpline, 1-800-985-5990, is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. Call **1-800-985-5990** or text **TalkWithUs to 66746** to connect with a trained crisis counselor.



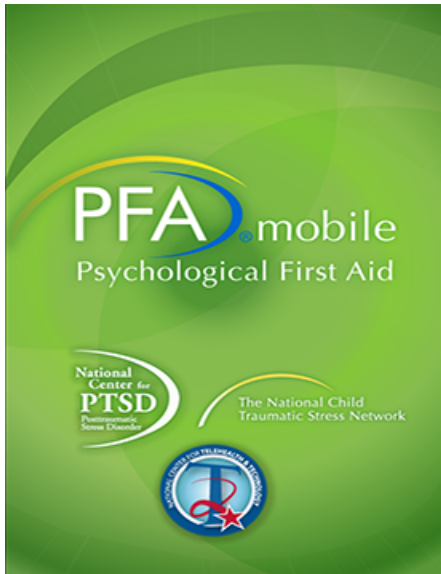
Deaf/Hard of Hearing

- Text TalkWithUs to 66746
- Use your preferred relay service to call the [Disaster Distress Helpline](https://www.samhsa.gov) at 1-800-985-5990
- TTY 1-800-846-8517

Spanish Speakers

- Call 1-800-985-5990 and press "2"
- From the 50 States, text **Hablanos to 66746**
- From Puerto Rico, text **Hablanos to 1-787-339-2663**

RECOMMENDED APPS



SAMHSA **SAMHSA BEHAVIORAL HEALTH DISASTER RESPONSE APP**

Let SAMHSA Disaster App Be Your Assistant in the Field

SAMHSA Disaster App improves response time and efficiency in a disaster. It literally lightens the load for responders by providing access to trauma- and disaster-related resources—right on a Smartphone, in real-time, at the touch of a button.

SAMHSA Disaster App is available on iPhone®, Android®, and BlackBerry® devices. Designed specifically for behavioral health responders.

SAMHSA Disaster App provides resources for any type of traumatic event at every phase of response: from pre-deployment readiness, to on-the-ground assistance, a aid for post-deployment support. The app is also useful for teachers, parents, and caregivers.

With SAMHSA Disaster App, you can feel confident that you have the best possible resources right on your phone. SAMHSA Disaster App is based on the SAMHSA Disaster Kit, a go-to resource for disaster response, with more than 30,000 orders since 2010.

SAMHSA BEHAVIORAL HEALTH DISASTER RESPONSE APP

This toolkit arms disaster recovery workers with materials that aid in responding effectively to the general public during and after a disaster, and in dealing with workplace stress. The toolkit includes SAFE-T practice guidelines, and suicide prevention wallet cards. It also includes guides for parents, caregivers, teachers, and others. Access the Disaster Kit on your mobile phone by downloading the SAMHSA Disaster App.

<https://store.samhsa.gov/product/SAMHSA-s-Disaster-Kit/SMA11-DISASTER>

- [Disaster Distress Helpline Brochure | pdf \(586.91 KB\)](#)
- [Disaster Distress Helpline Wallet Card | pdf \(201.99 KB\)](#)
- [Suicide Prev Card-Counselors | pdf \(158.83 KB\)](#)
- [Suicide Prev Trauma Card | pdf \(337.36 KB\)](#)
- [Suicide Prev Disaster Card Spanish | pdf \(167.65 KB\)](#)
- [Suicide Prev Warning Signs Card | pdf \(152.08 KB\)](#)
- [Suicide Prev Card Spanish | pdf \(172.06 KB\)](#)
- [Suicide Prev Magnet | pdf \(190.39 KB\)](#)
- [Parents Caregivers Teachers | pdf \(1.01 MB\)](#)
- [Psychological First Aid for First Responders | pdf \(373.88 KB\)](#)
- [Survivors-What to Expect | pdf \(1.05 MB\)](#)
- [SAFE-T Triage for Clinicians | pdf \(435.49 KB\)](#)
- [Preventing Stress-Workers | pdf \(1.16 MB\)](#)
- [A Guide to Managing Stress in Crisis Response Professions | pdf \(1.32 MB\)](#)
- [Possible Substance Abuse Indicators | pdf \(908.34 KB\)](#)
- [Survivors-Managing Stress | pdf \(999.56 KB\)](#)
- [Post-Deployment-Workers | pdf \(4.5 MB\)](#)

- [Post-Deployment-Families | pdf \(780.69 KB\)](#)
- [Post-Deployment-Supervisors | pdf \(3.17 MB\)](#)
- [Psychosocial Issues for Children and Adolescents in Disasters | pdf \(1.46 MB\)](#)
- [Psychosocial Issues for Older Adults in Disasters | pdf\(254.74 KB\)](#)
- [Crisis Counseling Assistance and Training Program | pdf\(427.77 KB\)](#)
- [Developing Cultural Competence in Disaster MH Programs | pdf \(771.75 KB\)](#)
- [Disaster Training and Technical Assistance | pdf \(277.7 KB\)](#)
- [Infectious Disease Outbreak - Your Behavioral Health | pdf\(329.83 KB\)](#)
- [Infectious Disease Outbreaks - Caregivers, Parents, and Teachers | pdf \(994.29 KB\)](#)
- [Infectious Disease Outbreaks - Coping with Stress | pdf\(560.2 KB\)](#)
- [Understanding Compassion Fatigue | pdf \(1.08 MB\)](#)