



in times of crisis call the **OKMRC** Stress Response Team



The Oklahoma Medical Reserve Corps Stress Response Team (SRT) is an independent unit of the Oklahoma Medical Reserve Corps. It is housed within SRT, Inc., an Oklahoma Not for Profit 501(c)(3) corporation. The SRT provides mental health response services in the immediate aftermath of local, state, and national disasters or other catastrophic events. The SRT Director is Thomas R. Thomson, M.Ed., LPC, CPM and the SRT Unit Coordinator is John A. Call, Ph.D., J.D., ABPP.

Visit:

okmrc.org

oksrtinc.com

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OKMRC Stress Response Team



Those who can—do. Those who can do more—volunteer.

The Oklahoma Medical Reserve Corps Stress Response Team (SRT) provides mental health response services in the acute aftermath of local, state, and national disasters or other catastrophic events. Possible deployment locations include general population centers, family assistance centers, respite centers, hospitals and hospital emergency rooms, emergency first aid stations, phone banks & hotlines, and points of dispensing centers.

TRAINED IN

- DISASTER TEAM LEADERSHIP
- PSYCHOLOGICAL FIRST AID
- FIRST AID
- CPR
- EMERGENCY RADIO

COMMUNICATIONS

In the acute aftermath of a disaster..
the SRT is there for you



PRIMARY PURPOSE OF SRT

The primary purpose of the SRT is to provide Psychological First Aid to disaster survivors within the first hours and/or days post disaster impact. Other roles include stabilizing pre-existing or newly developed psychiatric conditions in disaster survivors, providing mental health counseling and support to front line responders, participating in multidisciplinary disaster health care teams, and helping assess a community's mental health needs post disaster.

PSYCHOLOGICAL FIRST AID

Psychological First Aid (PFA) is an evidence-informed modular intervention methodology used in the National Child Traumatic Stress Network/National Center for PTSD. PFA intervention is intended to assist children, adolescents, adults and families cope with the stress they experience following a catastrophic event and to help foster adaptive functioning. This technique is being adapted and taught by numerous organizations and is the primary tool of MRC mental health teams.

QUALIFICATIONS

The SRT has been in existence since 2009 and is comprised of volunteers from all areas of the state. SRT membership is made up of licensed mental health & health care professionals and others interested in volunteering to provide behavioral and emotional support to those affected by disaster. All SRT members are encouraged to integrate with their local MRC units. SRT members are required to complete an application for the Oklahoma Medical Reserve Corps. SRT members must pass the required background check, be accepted as a member of the OKMRC, and complete the minimum training requirements specified by the OKMRC.

FOR MORE INFORMATION
CONTACT SRT@OKSRTINC.COM



NO ONE IS MORE IMPORTANT IN THIS WORLD THAN SOMEONE WHO LIGHTENS THE BURDEN ON ANOTHER.