

Mary Gaudreau Hughes, LPC

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Summary

- Licensed Professional Counselor, ordained United Methodist clergy, and crisis response specialist with more than twenty-five years' experience in local, state, and national level faith-based and human services leadership
- Demonstrated skills in multi-faith collaboration, national disaster response policy and program development, webinar and conference planning and production, curriculum development, volunteer management, and congregational leadership
- Direct response and consultation for more than sixty disasters in more than twenty states including the 1995 Oklahoma City Murrah Building bombing, Hurricanes Katrina, Rita, and other Atlantic and Gulf Coast hurricanes, the Newtown, Connecticut (Sandy Hook) school shootings, and numerous other tornadoes, wildfires, earthquakes, floods, and acts of public violence
- Experienced conference and training planner, workshop and webinar presenter, panelist, and keynote speaker

Education and Licensure

- Licensed Professional Counselor (Oklahoma)
- Ordained United Methodist Deacon, Oklahoma United Methodist Conference
- Master of Divinity with specialization in Pastoral Care and Counseling, Phillips Theological Seminary, *Summa Cum Laude*
- Bachelor of Arts, Religion, with emphasis in Psychology and Sociology, Oklahoma City University, *Magna Cum Laude*

Work Experience

Director, Crisis Care Ministries, LLC, November 2018 – Present

Responsible for all daily and overall operations including:

- Grant research, writing, monitoring, evaluation, and reporting
- Website development and management through Wix platform
- In-person trainings and webinar planning, coordination, and presentation (2020: 71 trainings with 1301 participants)
- Curriculum development and training; evaluation development and analysis
- Financial management and supervisory board reporting
- Outreach and partner relations

Director, Project Resilient Spirit, in partnership with SRT, Inc., November 2018 – June 2019

- Co-director of intensive, multi-disciplinary response to enhance the emotional and spiritual recovery of communities affected by the historic 2017 and 2018 Oklahoma wildfires.
- Developed and provided specialized trainings for local community leaders to gain new skills to assist the emotional and spiritual recovery of their disaster-affected communities
- Collaboratively developed and analyzed research related to the project
- Developing Disaster Spiritual Care Specialists component, multi-disciplinary task force model for the Oklahoma Medical Reserve Corps Stress Response Team in partnership with SRT, Inc.

Director of Emotional and Spiritual Care, Oklahoma Conference of Churches, January 2014 – October 2018

- Created a disaster spiritual and emotional care response team of more than 170 trained and credentialed disaster spiritual care providers representing 32 denominations and interfaith partners
- Developed training curriculum consistent with National VOAD *Disaster Spiritual Care Guidelines*
- Established and coordinated trainings including Disaster Spiritual Care Academies
- Direct support, resources, and referrals to disaster survivors, volunteers, and staff responding to Oklahoma disasters

National Disaster Consultant, United Methodist Committee on Relief, January 2005 – December 2013

- Provided direct consultation and disaster assistance to more than two dozen United Methodist regional and jurisdictional bodies in organizing, coordinating, and networking toward disaster preparedness, response, and long-term recovery
- Designer and trainer of the UMCOR disaster spiritual and emotional “Care Team” program, assisting more than 25 United Methodist Annual Conferences across the United States in establishing and managing teams compliant with national guidelines
- Coordinated, developed, and lead conferences and workshops at multiple UMCOR National Disaster Response Academies, National VOAD Conferences, and other events

Director of Care Ministries, Disaster Response, Oklahoma United Methodist Conference, May 2003 – December 2006

- Created and coordinated disaster spiritual care and counseling ministries for Oklahoma United Methodist Conference
- Recruited, trained, and managed volunteers for disaster spiritual and emotional care response teams
- Provided crisis staff debriefings, preaching, congregational meetings, tornado recovery support groups, and clinical updates with congregations and disaster-affected individuals
- Created training curriculum and general distribution material on effects of individual and community trauma
- Preaching and public speaking in numerous settings
- Provided individual and family counseling to tornado survivors

Psychotherapist in Private Practice, January 2003 – December 2006

- Provided intake, assessment, and counseling, and psycho-educational services for individuals and couples
- Managed private practice including billing, budgeting, and confidential file management

Therapist, United Methodist Counseling Services, Circle of Care, 1996 –2002 (until agency closing)

- Provided intake, assessment, and counseling for individuals and couples including those affected by local disasters and for families seeking youth placement in Circle of Care residential facilities
- Conferred weekly with staff and agency consultants from University of Oklahoma Health Sciences’ Behavioral Sciences department regarding client diagnosis and treatment

Director of Care Ministries, 1999 Spring Storms Disaster Response, Oklahoma United Methodist Conference, 1999 –2001

- Created and coordinated spiritual care and counseling ministries for persons affected by the 1999 Oklahoma spring storms
- Provided individual and family counseling to tornado survivors
- Provided crisis staff debriefings, preaching, congregational meetings, tornado recovery support groups, and clinical updates with congregations and disaster-affected individuals
- Facilitated donations collection, organization, assembly, and distribution of material resources for disaster-affected families
- Created training curriculum and general distribution material on effects of individual and community trauma
- Coordinated training for volunteers and disaster case managers
- Data gathering and analysis

National, State, and Voluntary Organizations Active in Disaster (VOAD) Leadership

- Chairperson, Oklahoma VOAD Emotional and Spiritual Care Committee, 2014 – present
- Secretary, National VOAD Disaster Emotional and Spiritual Care Committee, 2014 – 2020
- Chairperson, National Disaster Spiritual Care Summit planning committee, 2015
- Chairperson, National VOAD *Disaster Spiritual Care Guidelines* writing task force (document ratified 2014)
- Chairperson, National VOAD Emotional and Spiritual Care Committee, 2008 – 2010
- Chairperson, Church World Service Domestic Disaster Forum planning committees, 2008 and 2010
- Chairperson, National VOAD *Disaster Spiritual Care Points of Consensus* writing task force, 2009

Honors and Awards

- 2019 Oklahoma Medical Reserve Corps Innovator Award (awarded to the Stress Response Team/Project Resilient Spirit)
- 2016 Oklahoma Voluntary Organizations Active in Disaster “Eye of the Storm” Award
- 2016 Oklahoma City University Distinguished Alumna Award
- 2010 Oklahoma Conference Outstanding United Methodist Alumna Award, Phillips Theological Seminary
- Oklahoma City University Outstanding Senior in Religion
- Blue Key National Honor Fraternity Oklahoma City University
- Who’s Who Among American Colleges and Universities

Webinar Production

- Designed and produced “Caring in Crisis: Tuesday Briefs,” sixteen-session webinar series by Crisis Care Ministries, with support from the Oklahoma Conference of the United Methodist Church, Catholic Charities (Oklahoma City Archdiocese), the Christian Church (Disciples of Christ) in Oklahoma, and the Oklahoma City Community Foundation
 - In addition to all hosting, created and co-presented the webinar, “*Shroud of Grief: The Cost of Cumulative Sorrow*,” February 2021
 - Webinar Hub: <https://www.crisiscareministries.net/training-1>
- Designed and hosted “Love Your Neighbor in Times of Crisis,” an eight-week series as part Wednesday Night Alive classes, St. Luke’s United Methodist Church, Oklahoma City, Spring 2021
 - Vimeo Link: <https://vimeo.com/showcase/8052529>
- Designed and produced “Caring for your Congregation and Community During Crisis,” seventeen-session series by Crisis Care Ministries with support from the Oklahoma Conference of the United Methodist Church and the Christian Church (Disciples of Christ) in Oklahoma
 - In addition to all hosting, created and presented the webinar, “*Where are We? The Spiritual and Emotional Phases of the COVID-19 Disaster*,” October 2020
 - In addition to all hosting, created and presented the webinar, “*The Disillusionment Phase: Assisting Others and Ourselves in Long-Term Recovery*,” October 2020
 - Series link: <https://www.crisiscareministries.net/webinar-pdfs-and-other-resources>
- Designed and hosted “COVID Conversations,” a six-week series as part of Wednesday Night Alive classes, St. Luke’s United Methodist Church, Oklahoma City, Fall 2020
 - In addition to all hosting, created and co-presented the webinar, “*Faith in a Time of Pandemic*,” September 2019
 - Series link: <https://www.crisiscareministries.net/webinar-pdfs-and-other-resources>

Other Publications

- Nine “First Things” to Know About Emotional and Spiritual Care Following Disasters,” November 1, 2018 Disaster Philanthropy blog, <https://disasterphilanthropy.org/blog/recovery/nine-first-things-to-know-about-emotional-and-spiritual-care-following-disasters/>
- Writing task force, *Light Our Way: A Guide for Spiritual Care in Times of Disaster*, National Voluntary Organizations Active in Disaster, 2006, 2018
- “The Importance of Spiritual and Emotional Care,” *Help and Hope: Disaster Preparedness and Response Tools for Congregations*, Gopp, Amy and Gilvin, Brandon, Editors, Chalice Press, 2014
- Co-author, *Connecting Neighbors Local Church Preparedness* curriculum, UMCOR, 2010
- Curriculum writing group, “Emotional and Spiritual Care in Disasters” module of *Community Arise*, Disaster Ministries Curriculum, Church World Service, 2006
- Multiple disaster spiritual care web resources for the United Methodist Committee on Relief
- “Journal of a Tragedy,” *Disciple Magazine*, Vol. 133, No. 6, June 1995